

# Christina Helms Sherrill, PharmD, BCACP, BC-ADM, CPP

UNC Eshelman School of Pharmacy, Asheville Campus

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## EDUCATION & TRAINING

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**Post-Graduate Year One Residency Focused in Primary Care** July 2013-June 2014  
*Charles George Veterans Affairs Medical Center; Asheville, NC*

**Doctor of Pharmacy** August 2009-May 2013  
*University of North Carolina Eshelman School of Pharmacy*

**Pre-Pharmacy Undergraduate Coursework** August 2006-May 2009  
*University of North Carolina at Chapel Hill*

**UNC-Chapel Hill Study Abroad Program** January 2008-May 2008  
*Lorenzo de'Medici: The Art Institute of Florence, Italy*

## PROFESSIONAL EXPERIENCE

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**Teaching Associate Professor** August 2023-Present  
*UNC Eshelman School of Pharmacy; Asheville, NC*

**Assistant Professor, Tenure Track** July 2015-August 2023  
**Director of the Clinical Skills Lab** July 2022-August 2023  
*High Point University Fred Wilson School of Pharmacy; High Point, NC*

- **Clinical Site:** Greensboro Medical Associates; Greensboro, NC
  - Worked under a collaborative practice agreement to provide medication management for diabetes, hypertension, hyperlipidemia, anticoagulation, etc.

**Clinical Assistant Professor of Pharmacy Practice** July 2014-June 2015  
*Western New England University College of Pharmacy; Springfield, MA*

- **Clinical Site:** Renal & Transplant Associates of New England; Springfield, MA
  - Collaboratively managed diabetes and polypharmacy in patients with chronic kidney disease, as well as those who had undergone renal transplantation

**Adjunct Instructor and Teaching Assistant** January 2014-April 2014  
*UNC Eshelman School of Pharmacy, Asheville Campus; Asheville, NC*

## LICENSURE & CERTIFICATIONS

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**Board Certified in Advanced Diabetes Management (#200914616)** 2022-Present

**Clinical Pharmacist Practitioner, North Carolina (#700141)** 2018-Present

**Board Certified Ambulatory Care Pharmacist (#6150533)** 2016-Present

**Licensed Pharmacist, North Carolina (#23347)** 2013-Present

**Licensed Pharmacist, Massachusetts (#PH235535)** 2014-2016

## **PROFESSIONAL DEVELOPMENT PROGRAMS**

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**Qualitative Writing Camp** November 2023  
*ResearchTalk, Inc.*

**Hormonal Contraception Training** November 2023  
*North Carolina Association of Pharmacists*

**Anticoagulation Virtual Bootcamp** October 2023  
*Anticoagulation Forum*

**Putting Continuous Glucose Monitoring (CGM) into Practice: Certificate Program** December 2021  
*Association of Diabetes Care & Education Specialists*

**Mentored Research Investigator Training (MeRIT) Program** June 2018-May 2020  
*American College of Clinical Pharmacy*

- Mentor: Jo Ellen Rodgers, PharmD, BCPS-AQ Cardiology, BCCP, FCCP, FNAP, FHSA, FAHA, CPP

**Online Teaching Certificate Course** March 2020  
*High Point University*

**Community Pharmacy-Based Point of Care Testing Certificate and Train the Trainer Program** July 2019  
*National Association of Chain Drug Stores*

**Early Career Faculty Program: Collaboration and Developing as a Faculty Researcher** July 2019  
*American Association of Colleges of Pharmacy*

**Mental Health First Aid Certificate Training Program** May 2019

**Pharmacy-Based Immunization Delivery Faculty Training Program** August 2016  
*American Pharmacists Association*

**Teaching and Learning Curriculum** July 2015-June 2014  
*Mountain Area Health Education Center; Asheville, NC*

## HONORS & AWARDS

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### **American College of Clinical Pharmacy Ambulatory Care and Endocrinology and Metabolism Practice-Research Networks Walk Rounds, Second Place, October 2022**

- **Sherrill CH**, Bradley CL, Lee, S, Houpt CT, Bourn T. Virtual Continuous Glucose Monitoring Education with Hands-on Device Application for Pharmacists and Students.
- Award based on poster presentation during the 2022 American College of Clinical Pharmacy Global Conference

### **American College of Clinical Pharmacy Ambulatory Care Practice-Research Network Poster Competition, Second Place, May 2021**

- **Sherrill CH**, Lee S. Prevalence, Predictors, and Health-Related Quality of Life of Continuous Glucose Monitoring Use According to the Behavioral Risk Factor Surveillance System 2014-2019.
- Award based on poster presentation during the 2021 American College of Clinical Pharmacy Virtual Poster Symposium

### **American College of Clinical Pharmacy Ambulatory Care Practice-Research Network Poster Competition, First Place, May 2020**

- **Sherrill CH**, Houpt CT, Dixon EM, Richter SJ. Impact of pharmacist-driven professional continuous glucose monitoring: One-step versus two-step.
- Award based on poster presentation during the 2020 American College of Clinical Pharmacy Virtual Poster Symposium

### **American College of Clinical Pharmacy Education and Training Practice-Research Network Poster Competition, Second Place, May 2020**

- **Sherrill CH**, Bradley CL, Lee S. Impact of a Two-Week Hands-On Continuous Glucose Monitoring Classroom Activity for Students and Practicing Pharmacists.
- Award based on poster presentation during the 2020 American College of Clinical Pharmacy Virtual Poster Symposium

### **American College of Clinical Pharmacy Ambulatory Care Practice-Research Network Walk Rounds, Third Place, October 2019**

- **Sherrill CH**, Houpt CT, Dixon EM, Richter SJ. MeRIT Project: Impact of Pharmacist-Driven Professional Continuous Glucose Monitoring in Adults with Uncontrolled Diabetes: A Retrospective Cohort Study.
- Award based on poster presentation during the 2019 American College of Clinical Pharmacy Annual Meeting

### **American College of Clinical Pharmacy Ambulatory Care Practice-Research Network Mentored Research Investigator Training Program Scholarship Recipient**

- \$2250 scholarship to be used toward costs of participation in the American College of Clinical Pharmacy's Mentored Research Investigator Training program

### **Travel Scholarship for Seventh Annual Conference on Higher Education Pedagogy**

- Award given to a faculty member based on an essay detailing how this conference would support his/her professional development

**T.R. Burgiss Family Award**

- Award given to a graduating pharmacy student based on an essay detailing his/her personal involvement in an intervention case that best illustrates the profession of pharmacy in action

**BIBLIOGRAPHY & PRODUCTS OF SCHOLARSHIP**

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Book Chapters (\*corresponding author):

1. **Sherrill CH\***, Martin CM. Professional Continuous Glucose Monitoring: Fourteen-Day Procedure. In *American College of Clinical Pharmacy Ambulatory Care Survival Guide, Fourth Edition*. P. 232-234. (American College of Clinical Pharmacy, 2019).

Refereed Publications (\*corresponding author):

1. Bickenbach E, Keegan CL, Brockel MC, Mast OG, Ghantae A, Hwang AY, **Sherrill CH\***. Changes in metabolic parameters of hemoglobin A1c, weight, and blood pressure during and after COVID-19 stay-at-home orders in North Carolina. *J Am Board Fam Med*. Accepted for publication.
2. **Sherrill CH\***, Hwang AY. The pursuit of optimal semaglutide dosing in type 2 diabetes continues. *Lancet*. 2023;402(10403):668-669. doi:10.1016/S0140-6736(23)01233-3
3. **Sherrill CH**, Hwang AY\*. Use of Cardioprotective Antidiabetic Medications in Adults With and Without Cardiovascular Disease, 2015 to March 2020 [published online ahead of print, 2023 Jun 15]. *Ann Pharmacother*. 2023;10600280231178886. doi:10.1177/10600280231178886
4. **Sherrill CH**, Lee S\*. Prevalence, characteristics, and health-related quality of life of continuous glucose monitoring use according to the Behavioral Risk Factor Surveillance System 2014-2020. *J Manag Care Spec Pharm*. 2023;29(5):541-549. doi:10.18553/jmcp.2023.29.5.541
5. **Sherrill CH\***. Continuing the Conversation: Advancements in Integrated Continuous Glucose Monitoring Devices and Best Practices to Customize Care. *Pharmacy Times Continuing Education*. Online article published April 2023.
6. Zhou J, **Sherrill CH**, Hwang AY, Lee S\*. Association between mental health and self-care behavior among older adults with diabetes according to Behavioral Risk Factor Surveillance System 2019. *Prim Care Diabetes*. 2023;17(3):250-254. doi:10.1016/j.pcd.2023.02.005
7. Bradley CL, McMillin SM, Hwang AY, **Sherrill CH\***. Tirzepatide, the Newest Medication for Type 2 Diabetes: A Review of the Literature and Implications for Clinical Practice. *Ann Pharmacother*. 2023;57(7):822-836. doi:10.1177/10600280221134127

8. Melendez DR, Bradley CL, Lee S, **Sherrill CH\***. Transition from In-person to Telehealth Standardized Patient Encounters: A Retrospective Analysis of 18 Cases. *Curr Pharm Teach Learn*. 2022;14(12):1518-1524. doi:10.1016/j.cptl.2022.10.009
9. **Sherrill CH**, Lee S, Bradley CL\*. Design and Development of a Continuous Glucose Monitoring Educational Module for Students and Practicing Pharmacists. *Curr Pharm Teach Learn*. 2022 Jan;14(1):62-70. doi:10.1016/j.cptl.2021.11.021.
10. Bradley CL, McMillin SM, Hwang AY, **Sherrill CH\***. High-Dose Once-Weekly Semaglutide: A New Option for Obesity Management. *Ann Pharmacother*. 2021;10600280211053867. doi:10.1177/10600280211053867
11. Bickenbach EM, **Sherrill CH\***, Hwang AY. Guideline Update: KDIGO 2021 Clinical Practice Guideline for the Management of Blood Pressure in Chronic Kidney Disease. *American College of Clinical Pharmacy Ambulatory Care Practice-Research Network Newsletter*. Fall 2021: 10-12.
12. McMillin SM, Pham ML, **Sherrill CH\***. Effects of sodium-glucose cotransporter-2 inhibitors on appetite markers in patients with type 2 diabetes mellitus. *Nutr Metab Cardiovasc Dis*. 2021;31(8):2507-2511. doi:10.1016/j.numecd.2021.05.005
13. **Sherrill CH\***, Houpt CT, Dixon EM, Richter SJ. Professional Continuous Glucose Monitoring: A Retrospective Cohort Study Comparing One Versus Two Pharmacist-Driven Encounters. *J Am Coll Clin Pharm*. 2021 July;4(7):785–792. doi:10.1002/jac5.1427
14. Houpt CT, **Sherrill CH\***. To eat or not to eat: Intermittent fasting and diabetes. *American College of Clinical Pharmacy Ambulatory Care Practice-Research Network Newsletter*. Fall 2020: 3-6.
15. **Sherrill CH\***, Houpt CT, Dixon EM, Richter SJ. The Authors Respond. *J Manag Care Spec Pharm*. 2020;26(8):1051-1052. doi:10.18553/jmcp.2020.26.8.1051
16. **Sherrill CH\***, Houpt CT, Dixon EM, Richter SJ. Effect of Pharmacist-Driven Professional Continuous Glucose Monitoring in Adults with Uncontrolled Diabetes. *J Manag Care Spec Pharm*. 2020;26(5):600-609. doi:10.18553/jmcp.2020.26.5.600
17. **Sherrill CH\***. Implementation and impact of a chronic kidney disease elective for second-year pharmacy students. *Curr Pharm Teach Learn*. 2017;9(2):317-323. doi:10.1016/j.cptl.2016.11.005
18. **Sherrill CH\***, Cavanaugh J, Shilliday BB. Patient Satisfaction with Medicare Annual Wellness Visits Administered by a Clinical Pharmacist Practitioner. *J Manag Care Spec Pharm*. 2017;23(11):1125-1129. doi:10.18553/jmcp.2017.23.11.1125
19. **Sherrill CH\***, Pentecost A, Wood EE. Maintenance of Clinical Endpoints After Discharge from a Pharmacist-Managed Risk Reduction Clinic at a Veterans Affairs

Medical Center. *J Manag Care Spec Pharm.* 2016;22(1):14-20.  
doi:10.18553/jmcp.2016.22.1.14

20. Warshany K, **Sherrill CH**, Cavanaugh J, Ives TJ, Shilliday BB\*. Medicare annual wellness visits conducted by a pharmacist in an internal medicine clinic. *Am J Health Syst Pharm.* 2014;71(1):44-49. doi:10.2146/ajhp130202

Meeting Abstracts & Poster Presentations (\*presenting author):

1. **Sherrill CH\***, Folz H. A Dual-Site Randomized Study Evaluating Patient Counseling Performance after a Hands-on Continuous Glucose Monitoring Experience. Poster to be presented at American Association of Colleges of Pharmacy Annual Meeting, July 23-24, 2023. Abstract publication pending in *Am J Pharm Educ.*
2. Bradley CL\*, Anderson S, **Sherrill CH**, Cooper JB. Teaching SOAP Note Documentation Skills: Comparison of Two Pedagogies for Individualized and Group Formative Feedback. Poster to be presented at American Association of Colleges of Pharmacy Annual Meeting, July 23-24, 2023. Abstract publication pending in *Am J Pharm Educ.*
3. **Sherrill CH\***, Bradley CL, Lee S, Houpt CT, Bourn T. Virtual Continuous Glucose Monitoring Education with Hands-on Device Application for Pharmacists and Students. Poster presented at American College of Clinical Pharmacy Global Conference, October 16, 2022. Abstract publication: *J Am Coll Clin Pharm.* 2022;5:1338–1484.
4. Bickenbach E\*, Keegan K, Brockel M, Jackson B, Mast O, Bentley J, Ghantae A, Hwang AY, **Sherrill CH**. Changes in metabolic parameters of hemoglobin A1c, weight, and blood pressure during and after COVID-19 stay-at-home orders in North Carolina. Poster presented at American College of Clinical Pharmacy Global Conference, October 16, 2022.
5. Bradley CL\*, Lee S, Cooper JB, Anderson SM, **Sherrill CH**. Relationship between Work Ethic, Anxiety, Self-Efficacy Attitudes on SOAP Documentation Skill using Structural Equation Model. Poster presented at American Association of Colleges of Pharmacy Annual Meeting, July 23-27, 2022. Abstract publication: *Am J Pharm Educ.* 2022;86(5)9171.
6. Melendez DR\*, Bradley CL, Lee S, **Sherrill CH**. In-person versus Telehealth Standardized Patient Encounters: A Retrospective Analysis of 18 Case Pairings. Poster presented at American Association of Colleges of Pharmacy Annual Meeting, July 23-27, 2022. Abstract publication: *Am J Pharm Educ.* 2022;86(5)9171.
7. **Sherrill CH\***, Hwang AY. Disparities in the use of antidiabetic medications with cardiovascular benefits: An analysis of the National Health and Nutrition Examination Survey 2015-2018. Poster presented at American College of Clinical Pharmacy Annual Meeting, October 20, 2021. Abstract publication: *J Am Coll Clin Pharm.* 2021;4:1631–1755.

8. **Sherrill CH\***, Lee S. Prevalence, Predictors, and Health-Related Quality of Life of Continuous Glucose Monitoring Use According to the Behavioral Risk Factor Surveillance System 2014-2019. Virtual poster presented at American College of Clinical Pharmacy Virtual Poster Symposium, May 26, 2021. Abstract publication: *J Am Coll Clin Pharm.* 2021;4(9):1237.
9. McMillin SM, Pham ML, **Sherrill CH\***. Weight Loss with SGLT2 Inhibitor Use: An Uphill Battle. Poster presented at American College of Clinical Pharmacy Annual Convention, July 13-31, 2020. Abstract publication: *Am J Pharm Educ.* 2020;84(6):871.
10. **Sherrill CH\***, Houpt CT, Dixon EM, Richter SJ. Impact of Pharmacist-Driven Professional Continuous Glucose Monitoring: One-Step Versus Two-Step. Virtual poster presented at American College of Clinical Pharmacy Virtual Poster Symposium, May 27, 2020. Abstract publication: *J Am Coll Clin Pharm.* 2020;3:1200.
11. **Sherrill CH\***, Bradley CL, Lee S. Impact of a Two-Week Hands-on Continuous Glucose Monitoring Classroom Activity for Students and Practicing Pharmacists. Virtual poster presented at American College of Clinical Pharmacy Virtual Poster Symposium, May 27, 2020. Abstract publication: *J Am Coll Clin Pharm.* 2020;3:1194.
12. **Sherrill CH\***, Houpt CT, Dixon EM, Richter SJ. MeRIT project: Impact of pharmacist-driven continuous glucose monitoring in adults with uncontrolled diabetes: a retrospective cohort study. Poster presented at American College of Clinical Pharmacy Annual Meeting, October 26-27, 2019. Abstract publication: *J Am Coll Clin Pharm.* 2020;3:204.
13. **Sherrill CH\***, Houpt CT, Dixon EM, Richter SJ. MeRIT project: Professional continuous glucose monitoring intervention by a pharmacist versus usual care: Preliminary results. Poster presented at American College of Clinical Pharmacy Virtual Poster Symposium, May 29, 2019.
14. **Sherrill CH\***. Implementation and Impact of a Chronic Kidney Disease Elective for Second-Year Pharmacy Students. Poster presented at High Point University Inter-School Symposium, July 19, 2016.
15. **Sherrill CH\***, Pentecost A, Wood EE. Maintenance of Clinical Endpoints after Discharge from a Pharmacist-Managed Risk Reduction Clinic at a Veterans Affairs Medical Center. Poster presented at American College of Clinical Pharmacy Virtual Poster Symposium, May 20, 2014.
16. **Sherrill CH\***, Warshany K, Cavanaugh J, Bryant Shilliday B. Patient Satisfaction of Medicare Annual Wellness Visits Administered by a Clinical Pharmacist Practitioner. Poster presented at American Society of Health-System Pharmacists Annual Meeting, December 3, 2012.

Oral Presentations:

National:

1. **Sherrill CH.** Hands-on Virtual Continuous Glucose Monitoring Education for Students and Preceptors. Micro-session at American Association of Colleges of Pharmacy Annual Meeting, July 23, 2023.
2. **Sherrill CH.** Effect of Pharmacist-Driven Continuous Glucose Monitoring in Adults with Uncontrolled Diabetes. Platform presentation at American College of Clinical Pharmacy Global Conference, October 17, 2022.
3. Trujillo J, Saito E, **Sherrill CH.** Continuous Glucose Monitors (CGMs) – Patient Management Strategies and Getting Paid! Podcast by iForumRx and American College of Clinical Pharmacy Ambulatory Care Practice-Research Network, released August 2, 2022.
4. Warholak T, **Sherrill CH,** Hohmann L, Fuchs J. Teaching, Scholarship, Service: Building the Three Pillars to Support your Academic Career: Building and Sustaining Successful Collaborations. Invited panelist at American Association of Colleges of Pharmacy Annual Meeting, July 13, 2019.

Regional:

1. **Sherrill CH.** Continuous Glucose Monitoring in the Ambulatory Care Setting. Invited speaker for the Indiana Pharmacists Association Annual Meeting, October 27, 2020.
2. **Sherrill CH.** iPad as a Virtual White Board. Invited speaker for the North Carolina Independent College & University Annual Meeting, October 13, 2020.
3. **Sherrill CH.** Professional Continuous Glucose Monitoring. Clinical pearls session at North Carolina Association of Pharmacists Annual Convention, September 26, 2019.
4. **Sherrill CH.** A Pharmacist's Perspective on Diabetes Care and Daily Glucose Trends. Presentation at Juvenile Diabetes Research Foundation TypeOneNation Summit, March 23, 2019.

Local:

1. **Sherrill CH.** Continuous Glucose Monitoring. Presented at UNC Eshelman School of Pharmacy Asheville Campus Student National Pharmaceutical Association Seminar, October 11, 2023.
2. **Sherrill CH,** Pattabiraman R. Ambulatory Care 101. Presented at UNC Eshelman School of Pharmacy Student College of Clinical Pharmacy Seminar, September 21, 2023.
3. **Sherrill CH,** Bradley CL. Ambulatory Care Pharmacist and Community Pharmacist Role with Continuous Glucose Monitoring. Presented at High Point University Fred Wilson School of Pharmacy Faculty Lunch & Learn, March 13, 2023.



4. **Sherrill CH**, Melendez DR. In-person versus Telehealth Standardized Patient Encounters: A Retrospective Analysis of 18 Case Pairings. Presented at High Point University Fred Wilson School of Pharmacy Faculty-Student Seminar, November 19, 2021.
5. **Sherrill CH**. iPad as a Virtual White Board. Presentation for the High Point University Center for Innovative Teaching and Learning, October 13, 2020.
6. **Sherrill CH**. Impact of Pharmacist-Driven Professional Continuous Glucose Monitoring in Adults with Uncontrolled Diabetes. Presented at High Point University Fred Wilson School of Pharmacy Faculty-Student Seminar, August 29, 2019.
7. **Sherrill CH**, McMillin SM. SGLT2 inhibitors: The basic science behind a clinical observation. Presented at High Point University Fred Wilson School of Pharmacy Faculty-Student Seminar, October 27, 2017.
8. **Sherrill CH**. Drug Dosage Adjustment in Chronic Kidney Disease. Presentation at Baystate Health renal grand rounds, April 2015.
9. **Sherrill CH**. Maintenance of Clinical Endpoints after Discharge from a Pharmacist-Managed Risk Reduction Clinic at a Veterans Affairs Medical Center. Platform presentation at Charles George Veterans Affairs Medical Center 2014 Research Retreat, May 20, 2014.
10. **Sherrill CH**. Maintenance of Therapeutic Goals after Discharge from a Pharmacist-Managed Risk Reduction Clinic at a Veterans Affairs Medical Center. Platform presentation at Charles George Veterans Affairs Medical Center 2014 Residency Research Conference, April 18, 2014.
11. **Sherrill CH**. Patient Satisfaction of Medicare Annual Wellness Visits Administered by a Clinical Pharmacist Practitioner. Platform presentation at UNC Research Day, April 29, 2013.

National Press:

1. Monaco K. High-Dose Semaglutide Pill Just as Effective as Wegovy for Weight Loss – Another study showed two high doses were better at reducing HbA1c vs a 14-mg dose. *MedPage Today*. 2023 June. Available at: <https://www.medpagetoday.com/meetingcoverage/ada/105211>.
2. Busko M. OASIS and PIONEER PLUS Support High-Dose Oral Semaglutide. *Medscape Medical News*. 2023 June. Available at: [https://www.medscape.com/viewarticle/993672#vp\\_2](https://www.medscape.com/viewarticle/993672#vp_2).
3. Cook D. Pharmacist Involvement: Expanding the Clinical Pharmacist Role. *Pharmacy Learning Network*. 2018 Feb. Available at: <https://www.managedhealthcareconnect.com/content/expanding-clinical-pharmacist-role>.

4. Vecchione A. Wellness Visits/Pharmacists: Perfect Together. *Drug Topics*. 2018 Jan. Available at: <https://www.drugtopics.com/view/wellness-visitspharmacists-perfect-together>.

#### Other Products of Scholarship:

1. Expert reviewer. “Diabetes Technology” chapter in “Endocrinology Care” book. *American College of Clinical Pharmacy Ambulatory Care Self-Assessment Program*. Book Release Expected March 2024.
2. Medical writer for peer-reviewed presentation. “A Multidisciplinary Discussion on Implementing Integrated Continuous Glucose Monitoring into Practice.” *Pharmacy Times Continuing Education*. Released June 2022.

#### **GRANTSMANSHIP (\*principal investigator)**

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##### **Hands-on continuous glucose monitoring pedagogy to improve knowledge, empathy, and practice readiness**

**Sherrill CH\***, Lee S, Folz H, Moody A, Haggerty L

*National Association of Chain Drug Stores Foundation Innovation Grant*

\$20,000

Application submitted March 1, 2022; granted for funding period July 15, 2022-July 14, 2023

##### **Hands-on virtual continuous glucose monitoring education for students and preceptors**

**Sherrill CH\***, Bradley CL, Lee S, Houpt CT

*American Association of Colleges of Pharmacy Scholarship of Teaching and Learning Grant*

\$4,000

Application submitted January 13, 2021; granted for funding period July 1, 2021-June 30, 2022

##### **Pharmacist-driven personal continuous glucose monitoring versus self-monitoring of blood glucose in insulin-dependent type 2 diabetes: A multicenter randomized controlled trial**

**Sherrill CH\***, Combs K, Goode JR, Hess R, Liday C, Pettinger T, Quairola K, Richter SJ

*Abbott Diabetes Care Investigator-Initiated Studies*

\$479,989 (not including product support)

Application submitted September 15, 2020; not funded

##### **Two-week virtual continuous glucose monitoring education for ambulatory care pharmacists with randomized hands-on component**

**Sherrill CH\***, Bradley CL, Lee S, Houpt CT

*Abbott Diabetes Care Investigator-Initiated Studies*

\$6,285 (not including product support)

Application submitted September 15, 2020; not funded

##### **Developing Growth Mindset and Grit through Modification of Patient Care Exercises**

Bradley CL\*, **Sherrill CH**

*High Point University Growth Mindset SOTL Grant*

\$6,500

Application submitted July 8, 2019; granted for funding period August 1, 2019-May 31, 2021

**Quarterly professional continuous glucose monitoring interventions by an ambulatory care clinical pharmacist**

**Sherrill CH\***

*American College of Clinical Pharmacy Foundation Futures Grant*

\$15,075

Application submitted on May 14, 2019; not funded

**Integrating Student and Pharmacist Education for New Diabetes Technologies**

**Sherrill CH\***, Bradley CL

*High Point University Growth Mindset SOTL Grant*

\$6,500

Application submitted July 9, 2018; granted for funding period August 1, 2018-May 31, 2020

**Weight loss with SGLT2 inhibitor use: An uphill battle**

**Sherrill CH\***, McMillin SM

*American Association of Colleges of Pharmacy New Investigator Award*

\$10,000

Application submitted on August 31, 2017; granted for funding period February 1, 2018-January 31, 2020

**Utilizing a Mock Electronic Medical Record for Patient Cases**

**Sherrill CH\***

*High Point University Growth Mindset Technology Grant*

\$1,500

Application submitted March 11, 2016; granted for funding period August 1, 2016-May 31, 2017

**Integration of simulation technology, standardized clients, and community outreach to optimize blood pressure assessment competency in first-year pharmacy students**

Bradley CL\*, **Sherrill CH**, Smith JR

*High Point University Think BIG (Be Innovative Grant) Award*

\$17,829

Application submitted on February 29, 2016; not funded

## **TEACHING ACTIVITIES**

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### **Course Coordination**

**PHCY 733: Integrated Pharmacotherapy III, 5 credits, 1 section, P3, required**

*UNC Eshelman School of Pharmacy; Chapel Hill, NC*

Spring 2024

**PCS 7800: Clinical Skills Lab IV, 1 credit, 2 sections, P2, required**

*High Point University Fred Wilson School of Pharmacy; High Point, NC*  
Spring 2023

**PEL 8310: Diabetes Certificate, 2 credits, 1-2 sections, P3, elective**

*High Point University Fred Wilson School of Pharmacy; High Point, NC*  
Spring 2023  
Spring 2022  
Spring 2021  
Spring 2020  
Spring 2019

**PCS 8000: Clinical Skills Lab V, 1 credit, 2 sections, P3, required**

*High Point University Fred Wilson School of Pharmacy; High Point, NC*  
Fall 2022

**PCS 7530: Ambulatory Care Skills II, 3 credits, 1 section, P2, required**

*High Point University Fred Wilson School of Pharmacy; High Point, NC*  
Fall 2022  
Fall 2021  
Fall 2020  
Fall 2019  
Fall 2018  
Fall 2017

**PCS 7330: Introduction to Therapeutics, 2 credits, 1 section, P1, required**

*High Point University Fred Wilson School of Pharmacy; High Point, NC*  
Spring 2022  
Spring 2021  
Spring 2020  
Spring 2019  
Spring 2018  
Spring 2017

**PHAR 690: Kidney is King: Renal Disease in Ambulatory Care, 3 credits, 1 section, elective**

*Western New England University College of Pharmacy; Springfield, MA*  
Spring 2015

**Lectures in Courses Not Listed Above**

**The Value of the Pharmacist in Ambulatory Care**

PHCY 851: Foundations in Ambulatory Care (2 lecture hours), P2      Fall Semester, 2023  
*UNC Eshelman School of Pharmacy; Asheville, NC*

**Diabetes**

PCS 8700: NAPLEX Prep Course (2 lecture hours), P4      Spring Semester, 2020-2023  
PCS 7540: Pharmacotherapy I (5-7 lecture hours), P2      Fall Semester, 2017-2022  
PCS 7500: Clinical Skills Lab III (2 sections of 6-8 lab hours), P2      Fall Semester, 2017-2022  
*High Point University Fred Wilson School of Pharmacy; High Point, NC*

**Obesity**

PCS 7540: Pharmacotherapy I (1 lecture hour), P2 Fall Semester, 2017-2022  
*High Point University Fred Wilson School of Pharmacy; High Point, NC*

**Clinical Calculations**

PBS 7030: Calculations (2-3 lecture hours), P1 Fall Semester, 2016-2022  
*High Point University Fred Wilson School of Pharmacy; High Point, NC*

**Chronic Kidney Disease Introduction and Renal Replacement Therapy**

PCS 7540: Pharmacotherapy I (4 lecture hours), P2 Fall Semester, 2017-2021  
 PCS 7500: Clinical Skills Lab III (2 sections of 2 lab hours), P2 Fall Semester, 2017-2021  
*High Point University Fred Wilson School of Pharmacy; High Point, NC*

**Chronic Kidney Disease Complications**

PCS 7540: Pharmacotherapy I (4 lecture hours), P2 Fall Semester, 2017-2019  
 PCS 7500: Clinical Skills Lab III (2 sections of 2 lab hours), P2 Fall Semester, 2017-2019  
*High Point University Fred Wilson School of Pharmacy; High Point, NC*

**Superficial Fungal Infections**

PCS 7310: Ambulatory Care Skills I (1.5 lecture hours), P1 March 2017  
*High Point University Fred Wilson School of Pharmacy; High Point, NC*

**Hepatitis C**

November 2014  
*Western New England University College of Pharmacy; Springfield, MA*

**Adrenal Disorders**

September 2014  
*Western New England University College of Pharmacy; Springfield, MA*

**Pituitary Disorders**

September 2014  
*Western New England University College of Pharmacy; Springfield, MA*

**Polycystic Ovary Syndrome & Infertility**

January 2014  
*Wingate University School of Pharmacy, Hendersonville Campus; Hendersonville, NC*

**Diabetes Self-Care**

October 2013  
*Wingate University School of Pharmacy; Wingate, NC*

**Eye & Ear Disorders**

October 2013  
*Wingate University School of Pharmacy, Hendersonville Campus; Hendersonville, NC*

**PRECEPTING**


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**Ambulatory Care Advanced Pharmacy Practice Experience** July 2021  
*High Point University Fred Wilson School of Pharmacy; High Point, NC*  
 Precepted one student

**Resident Teaching Experience**

Fall 2020  
*High Point University Fred Wilson School of Pharmacy; High Point, NC*

Mentored one PGY-1 resident for lecture in Pharmacotherapy I  
 Mentored one PGY-1 resident for lecture in Pharmacotherapy III

**Resident Teaching Experience** Spring 2020  
*High Point University Fred Wilson School of Pharmacy; High Point, NC*  
 Mentored one PGY-1 and one PGY-2 resident for lectures in Introduction to Therapeutics

**Resident Teaching Experience** Fall 2019  
*High Point University Fred Wilson School of Pharmacy; High Point, NC*  
 Mentored one PGY-1 resident for lecture in Pharmacotherapy III

**Resident Teaching Experience** Spring 2019  
*High Point University Fred Wilson School of Pharmacy; High Point, NC*  
 Mentored one PGY-1 and one PGY-2 resident for lectures in Introduction to Therapeutics

**Resident Teaching Experience** Fall 2018  
*High Point University Fred Wilson School of Pharmacy; High Point, NC*  
 Mentored one PGY-1 resident for lecture in Pharmacotherapy I

**Resident Teaching Experience** Spring 2018  
*High Point University Fred Wilson School of Pharmacy; High Point, NC*  
 Mentored one PGY-1 resident for lecture in Ambulatory Care Skills I

**Resident Teaching Experience** Fall 2017  
*High Point University Fred Wilson School of Pharmacy; High Point, NC*  
 Mentored one PGY-2 resident for lecture in Pharmacotherapy I

**Resident Teaching Experience** Spring 2017  
*High Point University Fred Wilson School of Pharmacy; High Point, NC*  
 Mentored one PGY-1 and one PGY-2 resident for lectures in Introduction to Therapeutics

**Resident Teaching Experience** Fall 2016  
*High Point University Fred Wilson School of Pharmacy; High Point, NC*  
 Mentored four PGY-1 residents for lectures in Introduction to Pharmacy Practice

**Academia Elective Rotation** 2015-2016  
*High Point University Fred Wilson School of Pharmacy; High Point, NC*  
 Co-precepted two PGY-1 residents

**Ambulatory Care Advanced Pharmacy Practice Experience** 2014-2015  
*Renal & Transplant Associates of New England; Springfield, MA*  
 Precepted three students

**Ambulatory Care Advanced Pharmacy Practice Experience** 2013-2014  
*Charles George Veterans Affairs Medical Center; Asheville, NC*  
 Co-precepted one student

## LEADERSHIP ROLES

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<b>Vice Chair of Research Process Committee</b> <i>Ambulatory Care Practice-Research Network American College of Clinical Pharmacy</i>	October 2021-Present
<b>Vice Chair of Curriculum Committee</b> <i>High Point University Fred Wilson School of Pharmacy; High Point, NC</i>	June 2023-August 2023
<b>Chair of Clinical Sciences Faculty Search Committee</b> <i>High Point University Fred Wilson School of Pharmacy; High Point, NC</i>	May 2023-August 2023
<b>Director of the Clinical Skills Lab</b> <i>High Point University Fred Wilson School of Pharmacy; High Point, NC</i>	July 2022-August 2023
<b>Teaching and Learning Consultant</b> <i>High Point University Teaching and Learning Advisory Board Fred Wilson School of Pharmacy Representative; High Point, NC</i>	August 2020-August 2023
<b>Faculty Advisor, Student College of Clinical Pharmacy</b> <i>American College of Clinical Pharmacy High Point University Fred Wilson School of Pharmacy; High Point, NC</i>	November 2017-August 2023
<b>Delegate for High Point University Fred Wilson School of Pharmacy</b> <i>American Association of Colleges of Pharmacy Annual Meeting</i>	July 2023
<b>Clinical Sciences Department Representative</b> <i>Executive Committee, High Point University Fred Wilson School of Pharmacy; High Point, NC</i>	August 2021-May 2023
<b>Co-Chair of Ad Hoc Student Absence Work Group</b> <i>High Point University Fred Wilson School of Pharmacy; High Point, NC</i>	March 2022- August 2022
<b>Chair of Ad Hoc Clinical Sciences Department Strategic Planning Committee</b> <i>High Point University Fred Wilson School of Pharmacy; High Point, NC</i>	July 2021-July 2022
<b>Chair of Seed Grant Subcommittee</b> <i>Ambulatory Care Practice-Research Network Research Process Committee American College of Clinical Pharmacy</i>	January 2021-January 2022
<b>Member of the Board of Directors</b> <i>Juvenile Diabetes Research Foundation (JDRF) Piedmont Triad Chapter</i>	April 2018-July 2021
<b>Chair of Admissions Committee</b> <i>High Point University Fred Wilson School of Pharmacy; High Point, NC</i>	Appointed July 2017-June 2019
<b>Faculty Advisor for Fundraising Committee</b> <i>American Pharmacists Association Academy of Student Pharmacists Western New England University College of Pharmacy; Springfield, MA</i>	August 2014-June 2015

**Worthy Keeper of Finance** November 2009-April 2011  
*Phi Delta Chi Professional Pharmacy Fraternity, Alpha Gamma Chapter*  
*University of North Carolina Eshelman School of Pharmacy; Chapel Hill, NC*

**Finance/Fundraising Committee Chair** November 2009-April 2011  
*Phi Delta Chi Professional Pharmacy Fraternity, Alpha Gamma Chapter*  
*University of North Carolina Eshelman School of Pharmacy; Chapel Hill, NC*

## **PROFESSIONAL AFFILIATIONS**

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**American Association of Colleges of Pharmacy** 2015-Present

**American College of Clinical Pharmacy** 2014-Present  
*Ambulatory Care Practice-Research Network*  
*Education and Training Practice-Research Network*  
*Endocrinology and Metabolism Practice-Research Network*

**Association of Diabetes Care & Education Specialists** 2021-Present

**North Carolina Association of Pharmacists** 2012-2020

**American Society of Health-System Pharmacists** 2012-2014

**American Pharmacists Association** 2012-2013

## **PROFESSIONAL MEETINGS**

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**American Association of Colleges of Pharmacy (AACP)**  
*AACP Annual Meeting; Aurora, CO* July 2023  
 Delegate  
*AACP Annual Meeting; Virtual Pharmacy Education* July 2021  
*AACP Annual Meeting; Virtual Pharmacy Education* July 2020  
*AACP Annual Meeting; Chicago, IL* July 2019  
 Panelist: “Teaching-Scholarship-Service: Building the  
 Three Pillars to Support your Academic Career”  
*AACP Annual Meeting; Anaheim, CA* July 2016

**American College of Clinical Pharmacy (ACCP)**  
*ACCP Global Conference; San Francisco, CA* October 2022  
 Platform Presentation: “Effect of Pharmacist-Driven Continuous  
 Glucose Monitoring in Adults with Uncontrolled Diabetes”  
*ACCP Annual Meeting; Virtual* October 2021  
*ACCP Annual Meeting; Virtual* October 2020  
*ACCP Annual Meeting; New York, NY* October 2019  
*ACCP Annual Meeting; Austin, TX* October 2014

**UNC Pharmacy Practice Seminar**  
*37<sup>th</sup> Annual Meeting; Wrightsville Beach, NC* August 2022



*33<sup>rd</sup> Annual Meeting; Wrightsville Beach, NC* August 2018

**North Carolina Association of Pharmacists (NCAP)**

*NCAP Annual Convention; Winston-Salem, NC* September 2019

Clinical Pearls Session Speaker: “Professional Continuous Glucose Monitoring”

*NCAP Annual Convention; Winston-Salem, NC* September 2017

Roundtable Facilitator

Student Mentoring Lunch Mentor

*NCAP Pharmacy Residency Conference; Greensboro, NC* July 2013

*NCAP Annual Convention; Raleigh, NC* October 2012

**Juvenile Diabetes Research Foundation**

*TypeOneNation Annual Summit; Winston-Salem, NC* March 2019

Speaker: “A Pharmacist’s Perspective on Diabetes Care and Daily Glucose Trends”

**American College of Clinical Pharmacy**

**Mentored Research Investigator Training (MeRIT)**

*Primer Meeting; Ann Arbor, MI* June 2018

**Ambulatory Care Pharmacy Forum of North Carolina**

*Annual Meeting; Charlotte, NC* January 2018

**Center for Instructional Development and Educational Research**

*Seventh Annual Conference on Higher Education Pedagogy; Blacksburg, VA* February 2015

**American Society of Nephrology**

*ASN Kidney Week; Philadelphia, PA* November 2014

**American Society of Health-System Pharmacists**

*Midyear Clinical Meeting; Las Vegas, NV* December 2012

**PROFESSIONAL COMMITTEES**

**Pharmacotherapy Course Stream Subcommittee**

*UNC Eshelman School of Pharmacy; Chapel Hill, NC*

Member September 2023-Present

**Research Process Committee**

*American College of Clinical Pharmacy Ambulatory Care Practice-Research Network*

Vice-Chair October 2021-Present

Member January 2021-Present

**Clinical Science Faculty Search Committee**

*High Point University Fred Wilson School of Pharmacy; High Point, NC*

Chair May 2023-August 2023

Member July 2022-August 2023

Member August 2019-July 2020

Member October 2015-February 2016

**Teaching and Learning Advisory Board**

*High Point University; High Point, NC*  
School of Pharmacy Representative

August 2020-August 2023

**Executive Committee**

*High Point University Fred Wilson School of Pharmacy; High Point, NC*  
Clinical Sciences Department Representative

August 2021-May 2023

**Dawson Award for Excellence in Patient Care Research Committee**

*American Association of Colleges of Pharmacy*  
Member

May 2022-January 2023

**Strategic Planning Committee**

*High Point University Fred Wilson School of Pharmacy; High Point, NC*  
Member  
Subcommittee chair

October 2020-August 2022  
September 2017-November 2017

**Seed Grant Subcommittee of Research Process Committee**

*American College of Clinical Pharmacy Ambulatory Care Practice-Research Network*  
Chair

January 2021-October 2021

**Quality Enhancement Plan Committee**

*High Point University; High Point, NC*  
Member

August 2020-July 2021

**Employee Wellness Committee**

*High Point University; High Point, NC*  
Member

August 2019-July 2021

**Academic and Professional Conduct Committee**

*High Point University Fred Wilson School of Pharmacy; High Point, NC*  
Member

July 2017-October 2020

**Admissions Committee**

*High Point University Fred Wilson School of Pharmacy; High Point, NC*  
Chair  
Member

Appointed July 2017-August 2019  
July 2015-August 2019

**Curriculum Committee**

*High Point University Fred Wilson School of Pharmacy; High Point, NC*  
Member

July 2015-July 2017

**Harm Reduction Coalition**

*High Point University; High Point, NC*  
Member

October 2015-May 2016

**PROFESSIONAL SERVICE**

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**New Faculty Mentor** August 2019-August 2023  
*High Point University; High Point, NC*

**Faculty Advisor** August 2016-August 2023  
*High Point University Fred Wilson School of Pharmacy; High Point, NC*

**National Diabetes Awareness Month Events** November 2021  
*American College of Clinical Pharmacy Student Organization  
High Point University Fred Wilson School of Pharmacy; High Point, NC*

**Mentorship Program Mentor** August 2020-October 2021  
*American College of Clinical Pharmacy Ambulatory Care Practice-Research Network*

**Medical Lotto Day Health Screenings** July 2021  
*Greensboro, NC*

**Curriculum Vitae and Letter of Intent Reviewer** September 2019-June 2020  
*American College of Clinical Pharmacy*

**North Carolina MedAssist  
OTC Giveaway Event** October 2015, April 2016,  
October 2016, April 2019  
*High Point, NC*

**High Point University Academic All Stars Camp Facilitator** July 2016  
*High Point, NC*

**Blood Pressure Screening at the 6<sup>th</sup> Annual Unity Festival** October 2015  
*High Point, NC*

**Asheville Buncombe County Christian Ministry** September 2013-April 2014  
*Medical Ministry; Asheville, NC*

**Student Health Action Coalition (SHAC)** August 2010-May 2013  
*SHAC Clinic; Carrboro, NC  
SHAC Outreach; Durham, NC*

**UNC Eshelman School of Pharmacy Interdisciplinary Elective** March 2011  
*Medical Mission Trip; Honduras*

**COMMUNITY/GLOBAL INVOLVEMENT/OUTREACH**

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**Westover Church** September 2016-August 2023  
*Greensboro, NC*

**Juvenile Diabetes Research Foundation OneWalk** April 2018, April 2019  
*High Point, NC*

<b>High Point University Community Christmas Celebration</b> <i>High Point, NC</i>	December 2015, December 2016
<b>Grace Community Church</b> <i>Greensboro, NC</i>	August 2015-August 2016
<b>The City Church</b> <i>Hospitality Outreach; Springfield, MA</i>	July 2014-July 2015 October 2014-July 2015
<b>Fellowship Asheville Church</b> <i>Room in the Inn; Asheville, NC</i> <i>Project Serve Asheville; Asheville, NC</i>	July 2013-July 2014 March 2014 November 2013
<b>Campus Crossroads Church</b> <i>Mission Trip; São Paulo, Brazil</i>	September 2006-June 2013 March 2009
<b>Phi Delta Chi Professional Pharmacy Fraternity</b> <i>Habitat for Humanity; Durham, NC</i> <i>Adopt a Highway; Carrboro, NC</i> <i>Interfaith Council Soup Kitchen; Chapel Hill, NC</i>	September 2009-May 2013
<b>Taking Action by Service (TABS)</b> <i>Ronald McDonald House; Chapel Hill, NC</i> <i>UNC Hospitals Pediatric Playroom; Chapel Hill, NC</i>	August 2009-May 2010
<b>Spanish School Reading Partners</b> <i>Chapel Hill/ Carrboro Schools; Chapel Hill, NC</i>	October 2007-December 2009
<b>International Student Volunteers</b> <i>Mission Trip; Dominican Republic</i>	July 2009-August 2009