**ESOP NMR FACILITY COVID 19 GUIDELINES FOR OPENING RESEARCH LABS**

* If you have symptoms or have been in contact with anyone with Covid-19 then **do not enter the NMR lab; follow CDC guidelines and self-quarantine.**
* **Masks** must be worn.
* Using **NEW, UNUSED** gloves wet a paper towel with the isopropanol provided and wipe down the computer keyboard, mouse, sample gauge and spinners **BEFORE AND AFTER** you use them. (Do **NOT** spray the keyboard or mouse directly.). I will also disinfect several times a day.
* In SB205 the column provides a natural barrier between the Inova 400 & 500 host computers and the Biomolecular NMR Lab computers. Please try not to

invade their area; we need to maintain 6-foot social distancing (by the way, the

floor tiles are 1 foot x 1 foot). Use the door to SB205 near our computers. Since the Inova 400 & 500 host computers are near one another, only one person can use either the Inova 400 or 500 at a time. When you reserve time on the online reservation calendar look at the calendars for **both** spectrometers so that you do not overlap with someone on the other instrument.

* Since the 400MR on the 3rd floor is automated there is no reservation calendar.

Please submit your sample(s) to the queue and then leave the room. Only one person should be in the room at a time. Due to all the windows there is good visibility into this lab and the lab in the sub-basement, so you can see if anyone is already present before you enter the room.

* Dr. Stu Parnham plans on restricting the Biomolecular NMR Lab users to a maximum of 2 at a time, on alternate computers (i.e., with one computer between them). Therefore, besides Stu and I there should be a maximum of 3

people in the room to maintain the prescribed social distancing separation.

* Training of new users will be postponed until research activities are more normal.