

# Medication Management: Implications for Practices in Alternative Payment Models (APMs)

## Did You Know?

More than half of Americans have at least one chronic condition, and **1 in 4** have two or more. Treating people with chronic conditions accounts for **86%** of healthcare spending<sup>1</sup>

Only **33-50%** of people with chronic conditions adhere completely to prescribed medication therapies<sup>2</sup>

Nearly **1 in 3** adverse events leading to hospitalizations are associated with medications<sup>2</sup>

>**\$400 Billion** is spent on medications in the U.S. each year<sup>3</sup>  
~**\$300 Billion** is spent on the misuse, underuse & overuse of medications<sup>4</sup>

<sup>1</sup> Centers for Disease Control and Prevention. Chronic Disease Overview. [www.cdc.gov/chronicdisease/overview/index.htm](http://www.cdc.gov/chronicdisease/overview/index.htm). <sup>2</sup> Smith M, et al. Health Affairs. 2010; 29(5):906-913. <sup>3</sup> IMS Health Report 2016. <sup>4</sup> NEHL. Bend the Curve: Health Care Leader's Guide to High Value Health Care. [www.nehi.net/publications](http://www.nehi.net/publications). Posted December 16, 2011. Accessed November 14, 2016

APMs incentivize practices and providers to provide their patients high-value, high-quality, patient-centered care

Despite variation among metrics used in APM models, many metrics commonly shared across these models are aligned with medication management

As APMs become more prevalent, practices can utilize medication management as a means of improving quality across these models

For more information about APMs and MIPS: <https://qpp.cms.gov/>

## Medicare: 2018 and Beyond

### Merit-Based Incentive Payment System (MIPS)

### Alternative Payment Models

Pay for Performance (P4P)/  
Fee For Service+ (FFS+)

Shared Savings

Bundled Payments

Capitation

## Sample Quality Measures Aligned with Medication Management

Ischemic Vascular Disease: Use of Aspirin or Other Antiplatelet Therapy <i>MIPS #204; ACO-30</i>	Preventative Care & Screening: Screening for Clinical Depression & Follow-up Plan <i>MIPS #134; ACO-18; HEDIS</i>	Medication Reconciliation Post-Discharge <i>MIPS #46; ACO-12; HEDIS</i>
Persistence of Beta Blocker Treatment After an MI <i>MIPS #442; HEDIS</i>	Preventative Care and Screening: Influenza Immunization <i>MIPS #110; ACO-14; HEDIS</i>	Controlling High BP (<140/90) <i>MIPS #236; ACO-28; CPC+ #165</i>
Statin Therapy for the Prevention and Treatment of CV Disease <i>MIPS #438; ACO-42; HEDIS</i>	Tobacco Use: Screening and Cessation Intervention <i>MIPS #226; ACO-17; CPC+ #138; HEDIS</i>	HbA1c Poor Control (>9%) <i>MIPS #001; ACO-27; CPC+ #122</i>
Medication Management in Patients with Asthma <i>MIPS #444; HEDIS</i>	Use of High Risk Meds in the Elderly <i>MIPS #238; CPC+ #156; HEDIS</i>	30-Day All Cause Readmission After Discharge <i>MIPS #458; ACO-8; HEDIS</i>
Antidepressant Medication Management <i>MIPS #009; HEDIS</i>	Falls: Screening for Future Falls Risk <i>MIPS #318; ACO-13; CPC+ #139</i>	Initiation & Engagement of Substance Abuse or Dependence Treatment <i>CPC+ #137; HEDIS</i>

APM = Alternative Payment Model; MIPS = Merit-Based Incentive Payment System<sup>5</sup>; ACO = Accountable Care Organization<sup>6</sup>; CPC+ = Comprehensive Primary Care Plus<sup>7</sup>; HEDIS = The Healthcare Effectiveness Data and Information Set<sup>8</sup>

- \* Effective medication management processes can significantly impact a practice's overall population health, and in turn it can increase a practice's ability to perform well in many of their APM measures
- \* Consider how your practice can leverage local pharmacy partners to support your practice's care of chronically ill, high risk patients and in turn, your performance and quality initiatives

<sup>5</sup> MIPS Quality Measures [\[hyperlink\]](#)

<sup>6</sup> ACO 2018 Quality Measure Narrative Specifications [\[hyperlink\]](#)

<sup>7</sup> CPC+ Quality Reporting Overview for Performance Year 2018 [\[hyperlink\]](#)

<sup>8</sup> HEDIS 2018 Summary of Measures, Product Lines and Changes [\[hyperlink\]](#)

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